



Celebration of World Kidney Day

EPS-PPAF-PPR| Swat| Date: March 8th, 2018.



Introduction:

EPS is implementing a project in collaboration with Pakistan Poverty Alleviation Fund (PPAF) titled “Programme for Poverty Reduction (PPR)” in two Union Councils of district Swat, tehsil Kabal. The main activities of the project are concentrated in UC Koz Abakhel and Hazara of Tehsil Kabal, Swat.

The project aims to improve health status of project targeted communities through capacity building trainings of communities in health, nutrition, WASH and MNCH. Programme also focuses health care facilities through strengthening of existing health care facilities and establishment of health care facilities in far flung areas. The health care facilities are established for midwives/LHVs and they were trained on social enterprise in mid-wife and health. The project also focuses on behavior change of communities through IEC materials in health, nutrition, WASH and MNCH. During the initial implementation Community Resource Persons were identified & trained on basic health services, awareness raising tools & techniques, they will further disseminate the key objectives of trainings in targeted communities. The project successfully accomplished awareness campaigns on polio vaccination, immunization and WASH. The project had successfully furnished improved sanitation system of local communities through provision of latrines. Also nutritional status of malnourished children 6-59 months old and pregnant and lactating women was focused through innovation in nutrition. Efforts are made to develop the health status of project targeted communities through round table, knowledge management and district level platforms.

Summary of the Project

Overall objective of the Health Programme

- Promoting and improving access to inclusive, affordable, reliable and integrated health and nutrition service that contributes in poverty alleviation of poor and underserved communities across Pakistan.

Specific objectives

- Promote demand driven health and nutritional needs through participatory planning, linkage building, and programmatic integration, improved downward accountability of service providers and through synergies with specialized health and nutrition agencies.
- Support innovations in health service delivery methods and encourage knowledge sharing to promote sustainable community based initiatives with entrepreneurial spirit

CELEBRATION OF WORLD KIDNEY DAY

Every year March 8th, is celebrated as World Kidney Day across the globe, Malakand Division & especially Swat has excessive amount of marble factories resulting addition of calcium to normal water along with other wastes, calcium is the main agent for multiplying kidney stones beside these many other factors like uncontrolled diabetic & hypertension along with improper deity food are main causes of kidney issues. To highlight these issues to community along with precautionary measures to local community EPS arranged the event for Kidney Day Celebration.

Event Agenda:

- Tilawat,
- Presentation on Kidney by PPR Manager Ibrar Ahmad.
- Speech by Chairman LSO Mr. Sardar Ali Khan.
- Discussion of Kidney Issues Dr. Abdul Wahab from Health Deptt.
- Question & Answer Sessions.
- Dua.

Total Participants: 61(Male)

Proceeding:

Event Started with Telawa from the Holly Quran Mr. Faiz Khan recited few verses from the Holy Quran proceeding with Presentation on Kidney by Ibrar Ahmad, He highlighted the kidney structure along with main functions, agents affecting kidney, precautionary measures for kidney safety. Healthy habit, Dialysis & renal transplants. At end he thanks the participants for participation in healthy event.

Mr. Sardar Ali Khan highlighted environmental issues contributing to Kidney diseases along with nutritional facts. He insist the participants to abstain from excessive use of China Salt (Ajino-motho) substandard chips/snacks tea mix & un-boiled water.

Dr. Abdul Wahab highlighted the facts & figures about kidney issues in Swat, briefed participants about the main causes of the renal failure, kidney stones and precautionary measures for kidney safety. Stages for kidney checkups, symptoms of kidney issues, healthy food for kidney.

Then he sum up his presentation on Question & Answers session from community, community participants asked questions related to kidney which were answered by Dr. Abdul Wahab Sb,

He thanked participants for listening & interest in the event.

Event ended with Dua.

